Stirling
Glasgow
Edinburgh
Dunbar
SCOTLAND
Roxburgh
Wark
Douglas
THE BORDER
Alnwick
North Channel
IRELAND
Wigtown
Dumfries
Carlisle
Naworth
Penrith
WEST MARCH
Cockermouth
Egremont
Kendal
Appleby
Middleham
isle of man
Dundalk
THE PALE
Drogheda
Dublin
Coast of Ireland
Irish Sea
Lancaster
LANCA SHIRE
Preston
Lathom
Beaumaris
isle of Anglesey
Rhuddlan
Chester
CHESHIRE
Derby
Carnarvon
Denbigh
Stafford
WELSH
Harlech
Chirk
Shrewsbury
WEST
Cardigan
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